Fitness center cleaning: what we clean

Tour the gym with your manager in a slow hour and tick each room and zone for the plan.

Facility _____ **Address** _____

Walked by _____ **Date** _____

Showers and locker rooms

- ☐ Shower walls, floors, benches and glass doors
- ☐ Grout lines brushed and drains cleared of hair
- ☐ Shower areas squeegeed dry
- ☐ Locker fronts, handles and tops wiped
- ☐ Vanity counters and hair-dryer stations
- ☐ Toilets, urinals, basins and stall dividers
- ☐ Dispensers refilled from your supplies or ours

Cardio and strength floor

- ☐ Treadmill and elliptical consoles, rails and saddles
- ☐ Strength station grips, pads and adjustment pins
- ☐ Dumbbell handles, benches and racks
- ☐ Rubber flooring vacuumed, then damp-cleaned
- ☐ Stretching zone and foam rollers

Studios

- ☐ Shared mats wiped and racked
- ☐ Spin bike and reformer frames, saddles and bars
- ☐ Wood or vinyl studio floors cleaned to their finish
- ☐ Mirrors and studio glass polished

Front desk and lobby

- ☐ Scanners and check-in counter
- ☐ Retail shelves and lobby seating
- ☐ Entry doors wiped and mats vacuumed
- ☐ Waste and recycling cleared at every station

Staff rooms

- ☐ Manager's office desks dusted
- ☐ Staff break room counters and appliance handles
- ☐ Team meeting room and supply closet
- ☐ Floors cleaned room by room

Timing and porter hours

- ☐ Late-night or pre-opening visit
- ☐ One locker room out of service at a time
- ☐ Workout floor done section by section
- ☐ Porter for the after-work rush: grips, benches, restrooms

Notes